

Dr Muhammad Riaz (Malik) [N26]

Executive Representative [Yorkshire and Humber]

I graduated in 1983, N26. I worked in Nishtar for 5 years before coming to Ireland and UK for postgraduation and training in Plastic and Reconstructive Surgery. After spending 10 years I went back to Multan with the passion to work for Nishtar. I had to work for free, full time for Nishtar to fulfil my ambition and I did that for 3 years. I established Burn and Plastic Unit which eventually became a standalone independent Pak Italian Burn and Plastic Unit. I could not be employed by Punjab Government or Nishar and came back after 3 years to UK. I remained as part of teaching staff for Nishar and supported for teaching and training and to hold International Conferences in Nishar. I have also developed MDT Cleft lip and palate service, as Cleft Hospital in Gujrat and has been visiting twice a year with medical team. I have been part of Pakistani and UK National Professional Bodies. At Present I am Chairman/President of UKAAPS/CAPSCO.

I would like to support NSUK for this new start to help and support our Alma Mater for a while and soon will make room for young colleagues to take this forward.

Dr Ahmad Faraz Bhatti [N40]

Executive Representative [North East]

I would like to put my name forward, for the NSUK executive representative for North East. I would say this is the time to stand together, and let's take this society to the next level.

Let us develop the unique Nishtarian brotherhood further and help each other professionally and socially. This is certainly the time to pass on a part of what we have achieved, over the period of time, back to our people, our society and our alma mater in recognition of their pivotal role in our careers.

This is the need of the hour, and the great Nishtar is calling us to do a lot more than what we have done so far.

Let's join in this great initiative to transform NSUK with fresh ideas, fresh faces, and fresh enthusiasm to transform this group of professionals into a useful little organization able to contribute in best possible way to the improvement of healthcare in our mother institute.

Looking forward to your support.

Dr Zammad Chishti [N45]

Executive Representative [North West]

As a candidate, I am dedicated to enhancing healthcare through comprehensive teaching and training programs for newly qualified doctors, ensuring they possess the skills and knowledge to provide exceptional clinical care. I am committed to fostering a supportive environment that encourages local doctors to join our society, facilitating collaboration and exchange of expertise. Additionally, I advocate for promoting healthy lifestyles through participation in various activities, fostering both physical and social well-being within our community.

Mr Najaf Siddiqi [N47]

Executive Representative [South East]

I am a consultant colorectal surgeon at University hospitals Dorset and live in Southampton. I am also Surgical College tutor affiliated with Royal College of Surgeons England. I am actively involved in teaching and training in Pakistan and would like to extend this to Nishtar Medical Institute. I also want to help in bringing young doctors to UK on exchange programme as middle grades to train them in laparoscopy and robotic surgery. Becoming an executive representative on NSUK will give me a broader platform to help in teaching and training at Nishtar Medical Institute and also give me opportunity to help my fellow colleagues in NSUK at local, national and international level including charity works.

Dr Dure Shahwar Shahid [N39]

Executive Representative [South West]

My name is Dr Dure shahwar Shahid. I have been a GP Partner in the Southwest for the last 10 years. I am from N-39 batch.

I belong to Multan and visit there every year. My visit never completed without meeting our Nishtar fellows and a tour of Nishtar.

I take part in multiple social activities and take the initiative to organise networking events for my friends and local community. I have also hosted various charity events in the community. This helps create a safe environment where others can share ideas and grow together.

Although I have settled and succeeded thus far in the UK, I have not forgotten my Pakistani routes. I conduct fund raising activities and has raised funds to help people in Pakistan.

I am keen to make a difference e.g by actively running fundraising activities to help with giving back new equipment and technology to Nishtar. I am aware that General Practice is not well established in Pakistan so I would like to help by hosting placement in the UK and offering guidance to students sitting their PLAB.

Who we are today is a direct result of where we studied. I would love to assist my fellow Nishtar graduates in moving to the UK.

Dr Athar Sheikh [N33]

Executive Representative [Republic of Ireland]

As a Nishtarian graduate who ventured to Ireland in 1996, I embarked on a journey marked by determination and dedication. Now, standing proudly as a consultant surgeon, I am deeply honored by the opportunity to represent the Irish chapter of the Nishtarian Society. Hailing from Multan, the city where our esteemed Nishtar Medical College resides, I carry with me the rich heritage and values instilled by our alma mater. My experiences, from navigating a new culture to mastering the intricacies of surgery, have shaped me into the professional I am today.

In my role as an Irish representative, I am committed to upholding the core values of our society: fostering community, advancing knowledge, and serving humanity. Whether advocating for diversity in healthcare or mentoring the next generation of surgeons, I am dedicated to making a meaningful impact.

My journey, rooted in the principles of integrity and compassion, is a testament to the transformative power of education and perseverance. As an alum of Nishtar, I am grateful

for the foundation it provided and eager to contribute to the collective mission of our society.

I am honored to serve as a dual Irish and Pakistani representative of the Nishtarian Society and look forward to collaborating with fellow alumni to create a brighter future for all fellow Nishtarians and people we serve. Athar Sheikh

Mr Sajid Mahmood [N29]

Executive Representative [Scotland]

I have been in Scotland for the last 32 years, I am not interested in politics and I don't belong to any political clan.

My reason to put name forward is on request of my colleagues and fellow Nishtarians. I have no interest in any social aspect of the society but will contribute towards it.

My main focus is to create a culture of helping and guiding the young Nishtarian in career progression and overcome the obstacles we all had encountered . Also to support the Nistatarian already in Scotland. I am at the stage of my career I have means and contacts to do that. I believe in any social activity should not be just based on eating out and parties. Any social activity must have major component of physical activity i.e. exercise, hill walking, hunting etc., mainly outdoor activities.

Dr Muhammad Sohail [N42]

Executive Representative [Wales]

As a dedicated member of our Nistharians community, I'm committed to fostering an environment where every voice is heard and every concern is addressed.

I pledge to engage with each one of you to understand your needs and aspirations, work tirelessly to implement policies that benefit our community and promote transparency, accountability, and integrity in all our endeavours. Together we can achieve greatness. Let's shape the future of Nishtar and Nistharians together.